

## Restylane® • Perlane® Frequently Asked Questions

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### **What is Restylane®?**

Restylane® is **non-animal** stabilized hyaluronic acid that is injected into the skin to reduce the appearance of facial lines, wrinkles, and folds and for lip enhancement. It is a substance that is found naturally in your body. Restylane is produced by fermentation and so there is no risk of transmitting diseases between species and no risk of an allergic reaction in people who are sensitized to beef, chicken, and eggs. No skin testing is required prior to the procedure.

There are three choices of Restylane® that differ in particle gel size.

*PERLANE®* is for correcting deep folds for example between your nose and mouth

*RESTYLANE®* is for correcting wrinkles, and lip enhancements

*RESTYLANE Fine Lines®* is for correcting thin superficial lines for example around the mouth, eyes and forehead

### **Is Restylane® safe?**

**Yes!!** Restylane® has been used safely in more than 1.5 million people worldwide

### **Do the injections hurt?**

Tiny amounts of Restylane® are injected into the skin with a very fine needle resulting in minimal discomfort. Sometimes local anesthetic is also used in the treatment area. The procedure itself takes only 20 -30 minutes.

### **How quickly does it work? How long does it last?**

The treatment is quick and easy and the results are instantaneous. The results are long lasting but are not permanent. A visit 2 weeks after the initial treatment is recommended for small touch-ups. Another treatment is usually required after 4 to 6 months, but normally a smaller amount of product is needed.

### **How much does it cost?**

Although there is a cost to Restylane® it is affordable. The cost of Restylane® will depend on your specific needs. Since it is a longer lasting procedure it is more economical. At your consultation, the best treatment recommendations and the cost will be explained to you.

## Restylane® • Perlane® Patient Information

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- ☞ Restylane® and Perlane® are approved and safe medications that contain Hyaluronic gel and are used to correct wrinkles, lines and folds and add volume to the lips.
- ☞ Hyaluronic gel is a substance found naturally in the body that gives skin its volume. When it is injected into the skin it replaces lost skin tissue and returns its volume so that the skin looks smooth and soft.
- ☞ The areas that are more commonly treated are: glabellar lines (between the eyebrows, nasolabial folds (between the nose and the angle of the lip), "marionette lines" (depressed corners of the mouth), and lines around the lips and eyes. Restylane can also be used to create fuller, more sensuous lips.
- ☞ Restylane® is injected into the skin with a very fine needle. Sometimes local anesthetic is used to minimize any discomfort. The treatment is easy and should only take about 30 minutes. The results are instantaneous.
- ☞ Local reactions may occur at the injection site. These include: swelling, pain, itching, discolouration, bruising, or tenderness. Bleeding or bruising may occur at the injection site if you are using aspirin, or similar products such as Advil® (ibuprofen). These reactions usually disappear within a few days.
- ☞ Although the syringe is sterile and standard precautions are taken, as with all injections there is a small risk of infection.
- ☞ In rare cases pustules might form. This reaction might last for as long as 2 weeks. Some visible lumps might form in the area that will also disappear.
- ☞ After the treatment you should avoid extreme heat and extreme cold.
- ☞ Although the results of Restylane® are long lasting, the effects are temporary.
- ☞ Like any cosmetic procedure, there is no guarantee that you will be completely satisfied. Sometimes it takes additional treatments to achieve the desired results.
- ☞ It is therefore very important for you to return for a follow up appointment in 2 weeks when touch ups can be done to achieve the best result.
- ☞ Treatment is usually needed again in 3 to 5 months.

## Restylane® • Perlane® Post Treatment Instructions

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- ☞ Shortly after treatment with Restylane® or Perlane® there may be slight redness, swelling, tenderness, and itching in the treated area – similar to what you might experience after any injection
- ☞ Avoid ASA (Aspirin) because it may increase bruising. You can take a plain Tylenol® every 6 hours as needed for any discomfort, and cold compresses are helpful in reducing any swelling. These minor reactions will disappear within a few days
- ☞ Treatment of the lip can result in more swelling and an uneven look for up to 1 week – this almost always evens out over time
- ☞ You can gently wash the area with soap and water and apply your usual cosmetic products immediately after treatment
- ☞ Try to avoid excessive movement of your facial muscles for the next few days and especially in the first 6 hours
- ☞ Do not expose these areas to intense heat or cold for the first few days
- ☞ If you suffer from cold sores (herpes) there is a risk of a new eruption
- ☞ Our clinic needs to see you in 2 weeks for a follow up appointment so we can assess your progress and provide you with any *fine tuning* that may be required
- ☞ To sustain the desired degree of correction you should book another treatment in 3 to 5 months
- ☞ **If you have *any* questions or concerns, please call our office 519.667.1212**